

Meg's Veg

A sensory story adapted from the book 'Meg's Veg'

By

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SENSORY STORY

It was Springtime, time for Meg to start her vegetable garden

Meg fetched the muck

Owl raked it smooth

Owl sowed the peas and carrots. Mog put in a pumpkin

Meg sowed some seeds she had found in her cauldron

It was so cold no seeds grew

Mog made a scarecrow to guard his pumpkin

Meg tried to make the sun shine

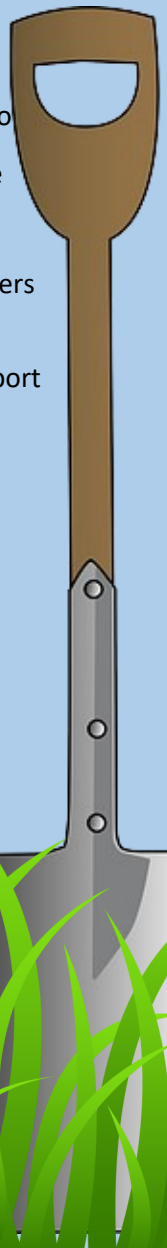
Camel's hump and vulture's eye

Make it bake fizzle and fry

The sun shone , it got hotter and hotter and hotter

SENSORY RESOURCE

- Play the Springtime music to your learners
- Spray the spring scent for your learners to smell
- Pass around the tray of compost for your learners to explore
- Support your learners to use the small rake to take the compost
- Shake the packet of seeds for your learner to hear
- Pass the pumpkin around to explore
- Support your learners to drop the lentils into the cauldron, listen to the sound they make
- Pass the cold ice pack around for your learners to feel
- Listen to 'Dingle Dangle Scarecrow and support your learners to do the actions
- No resource
- No resource
- Pass around the warm wheat bag for your learners to feel the heat



SENSORY STORY

Make it rain , Make it rain

- No resource

Splish Splosh all awash, wellington boots and a mackintosh

- No resource

The rain came down in sheets, splish, splash. splosh

- Play the rain sound effects from your music player
- Put the umbrella over your learners
- Spray the water spray over the umbrella, and around your learner so that they can feel the rain

The garden grew like a jungle

- Play the jungle sounds on your music player
- Move the jungle ribbons around your learners head and shoulders

They had to pull up all the weeds
1.....2.....3.....HEAVE.....POP!!!!

- If it is possible to do this with your learners, gently hold out their arms by their hands.....pulling gently then let go as you say POP !!

They made a huge compost heap

- Support your learner to smell your little pot of classroom compost

They has to stake the peas and thin out the carrots

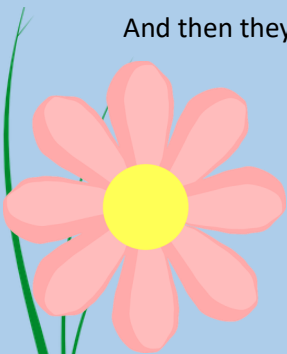
- No resource

They had to how down the rows and water the pumpkins

- Support your learner to water the pumpkin (in a tray) with the watering can

And then they had to eat them all

- If your learners are able give them some carrots and peas to eat or support them to feel the carrots and peas in water



RESOURCE LIST

The following is a list of suggested resources that you will need to share this sensory story with your special learners

- CD or music device with sound effects recorded on to it, such as Spring time sounds, Dingle Dangle Scarecrow, heavy rain and jungle sounds. Visit **www.freesound.org** to find a huge selection of free sounds and sound effects. Simply sign up for a free account and download.
If you have access to Spotify follow the link to access our playlist for this story
- Floral smell to spray around the room or around your learners perhaps essential oil diluted in water in a water spray bottle or an air freshener (spray up and around your learners not directly at them)
- A tray filled with compost
- Small child's garden rake
- Packet of seeds
- Small pretend play cauldron
- Lentils or similar material to represent seeds
- Ice Pack
- Bright torch or a light attached to a switch
- Umbrella
- Water Spray
- Stretchy material
- Compost Smell (make your own by putting veg peelings in an air tight tub with lid
- Small watering can
- Peas, carrots, pumpkin (my not always be in season , use frozen peas / pumpkin pie filling.

