

Auntie Anne's Island Adventure



**A Sensory Story
by David Babatunde Wilson**

Transition Music

Music is integral to so many sensory stories. Consistent transition music at the start and end of a story helps to enable children and young people to anticipate what is coming next and to participate more fully in the story-sharing process. They also help to set the mood for the story.

Please feel free to choose your own transition music. The following are only suggestions:

Introductory music:

- **Rod Stewart – I am sailing**

Story ending:

- **Disney Moana – How far I'll go**



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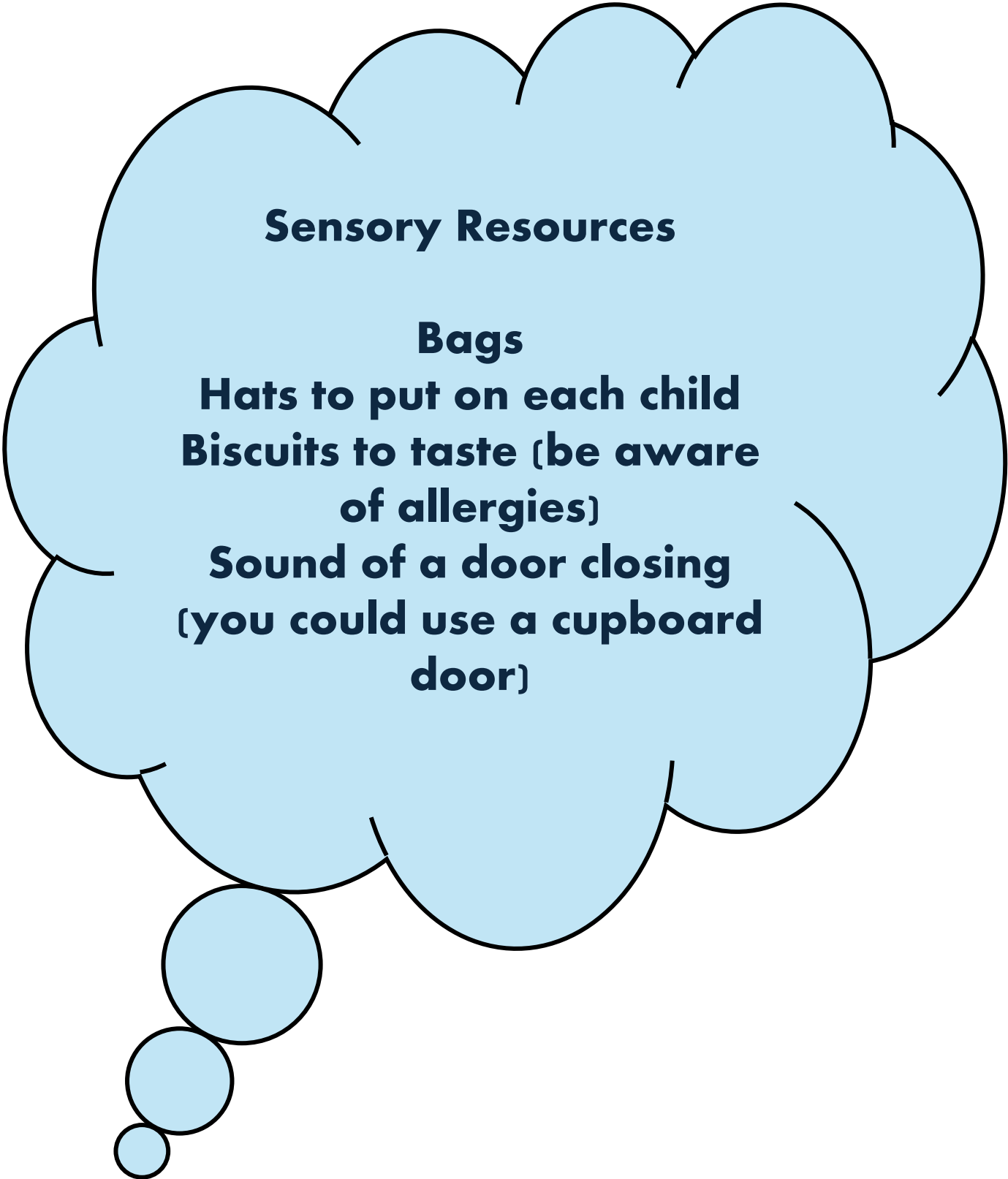
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Resources

You will need some sensory resources available for this story.

- **Bags**
- **Hats**
- **Biscuits**
- **Toy car**
- **Sound switch – car horn**
- **Whistle**
- **Green flag / fabric**
- **Toy aeroplane**
- **Water spray**
- **Toy ship / origami boat**
- **Red fabric**
- **Toy dolphin**
- **Fan (hand-held or switch operated)**
- **Sound switch – “vroom”**
- **Bicycle / motorbike helmet**
- **Conch shell**

For many or some children or young people it may be appropriate to include gentle massage on children's backs or arms, being sensitive to tactile needs or tactile defensiveness. Suggestions for story massage are included with the resources for each section of the story.



Sensory Resources

Bags

Hats to put on each child

**Biscuits to taste (be aware
of allergies)**

**Sound of a door closing
(you could use a cupboard
door)**

Auntie Anne is going on an adventure. She is going to live on an island far, far away. It is going to be a long journey. Anne packs her bags and puts on her best hat. She packs some biscuits in case she gets hungry. Anne turns and closes the door. Her journey to Nissan Island has begun!



Sensory Resources

Toy cars
Car horn sound switch



**Anne jumped into a
taxi to take her to
the station “beep,
beep”**



Sensory Resources

Whistle

Green flag / fabric to wave



“All aboard!” shouted the lady on the train. She blew her whistle and waved her flag. “Whoo! Whoo!” went the train and set off to the airport.



Sensory Resources

**Toy aeroplane
Children supported to
stretch arms out like wings**



**The aeroplanes are
very noisy. It was
going to be a long
flight – whoosh!**



Sensory Resources

Water spray
Massage children's backs in
an up/down wave motion



**Next, Auntie Anne
had to sail on a ship.
She felt the spray on
her face as the little
ship bobbed up and
down in the waves.**



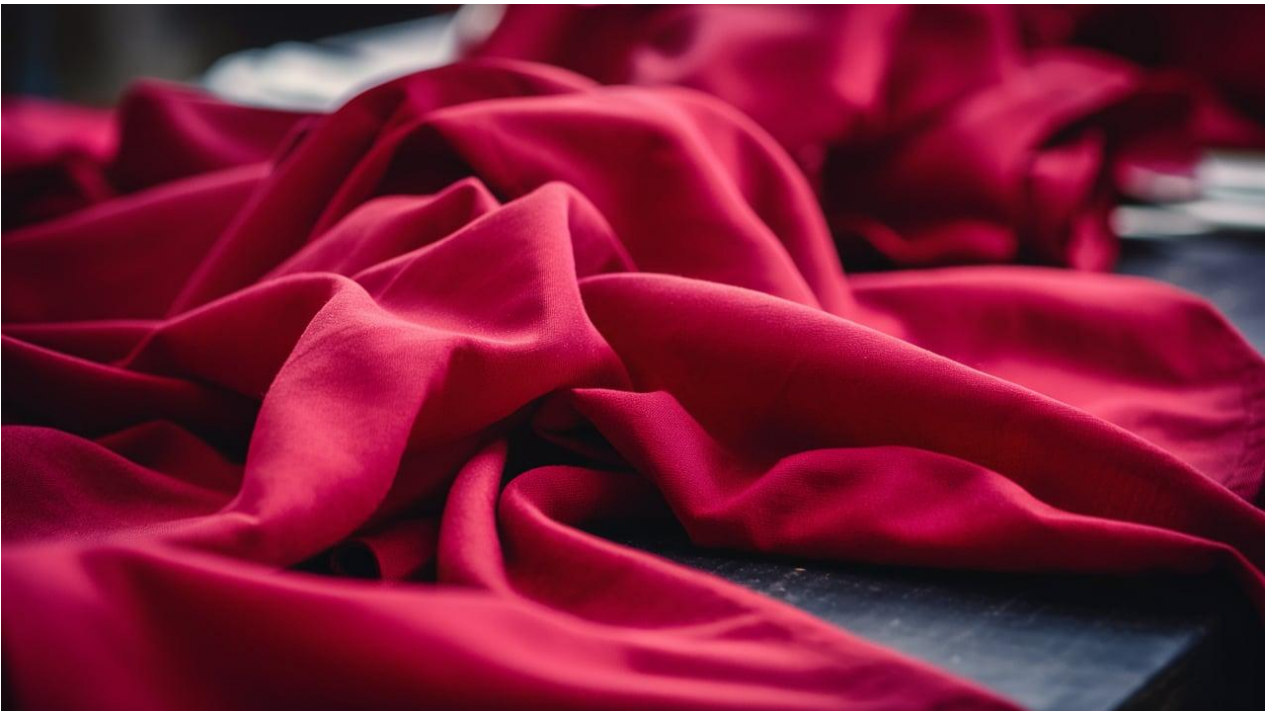
Sensory Resources

Red fabric

Sparkling blue/green fabric

Toy dolphin

**Massage wave pattern on
children's backs**



**Anne carefully stepped
aboard the canoe that
would take her to Nissan
Island. It had a big red sail.
Anne saw lots of fish with
sparkling scales and
dolphins playing in waves.**



Sensory Resources

Fan (hand-held or switch operated)

Sound switch –motorbike noises

Motorbike or bike helmet



**Anne had to use a fan to
because it was so hot on
the island. Anne sat on
the back of a motor-bike
as it bounced along a
bumpy track. Vroom!**



Sensory Resources

Large conch shell



**There were no
telephones on Nissan
Island. People sent
messages by blowing a
conch shell. Auntie Anne
had lots of adventures
on the island.**



This story is loosely based on one of the adventures of Anne Palfreman. Anne lived in Tanzania and Botswana (where she was the author's primary school teacher). When the author taught Maths in Whitby, North Yorkshire, Anne became a colleague and friend.

On retiring, Anne moved to New Zealand and joined Volunteer Service Abroad (VSA). She travelled to teach on Nissan Island at a time when Bougainville was fighting for independence from the Solomon Islands.

Anne's love of travel and adventure, and her desire to use her skills to help others, was inspirational.



Though he was born in Nigeria and brought up in Botswana, David Babatunde Wilson is settled in North Yorkshire. He divides his time between his jobs as a Dad, household cook, Guide helper, writing poetry and working as a Special Needs teacher.

David has had poems published in a variety of online and paper publications including Disabled Tales, View from Atlantis, Beyond the Pane and the Ledbury Poetry Festival.